

## ORID Focused Conversation Method

### **Purpose:**

To reflect on and interpret your LU40 experience and decide what to do as a result.  
To listen and share perceptions of your classmates and suspend judgment during the discussion, gaining a broader and deeper understanding of their experience or idea.

### **Stages:**

The acronym "ORID" is derived from the first letters of the four stages of questioning:

- **Objective**
- **Reflective**
- **Interpretative**
- **Decision**

### **1. Objective: Facts, Data, Senses**

These questions focus on thought, sight, and hearing that are used to draw out observable data about your LU40 experience; for example:

- What images or scenes do you recall?
- Which people, comments, ideas, or words caught your attention, and why?
- What do you recall?
- What are the facts of the matter?

People have different perspectives on observable reality and may recall the same experience differently.

### **2. Reflective: Reactions, Heart, Feelings**

These are questions that relate to the affective domain - emotional responses & moods; for example:

- How did the dialog or experience affect you?
- What was the high point?
- What was the low point?
- What was the collective mood of the group involved?
- How did the group react?
- What were your feelings during the experience?

An ideal question might be "What about the LU40 session or dialog surprised/angered/curious/confused you?"

### **3. Interpretative: So What?**

Here's where we invite you to consider the LU40 experience's value, meaning, or significance; for example:

- What were your key insights?
- What was the most meaningful aspect of this activity or session?
- What can you conclude from this experience?
- What have you learned from this experience?
- How does this relate to any theories, models and/or other concepts?

### **4. Decision: Now What?**

Now it's time to determine future resolutions and/or actions as a result of your LU40 experience; for example:

- How, if at all, has this experience changed your thinking?
- What was the significance of this experience to your study/work/life?
- What will you do differently as a result of the experience?
- What would you say about the experience of people who were not there?
- What would it take to help you apply what you learned?